

Session One

August 26th – October 19th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 1	<u>AUGUST 26th</u> <u>Yoga with Kat @LTM</u> 5:30p-6:15p	27 th <u>Boxing @ TITLE</u> 4:30p-5:15p <u>Studio Art @ LTM</u> 5:30p-6:30p	28 th <u>Bowling @Sunnyside Bowladrome</u> 4:00p-5:30p <u>Drums Alive Fitness @ LTM</u> 6:00p-7:00p	29 th <u>Golf @ Sun N Air</u> 4:00p – 5:00p <u>Cooking @ LTM</u> 5:00p-6:30p <u>Nature Club @ Endicott Park</u> 5:30-6:30PM	30 th <u>Friday Night Happening</u> <u>Campfire Night @ 6 Southside Road</u> 6:00p-8:00p	31 st <u>NO PROGRAM –</u> <u>LABOR DAY WEEKEND</u>
Week 2	<u>SEPTEMBER 2nd</u> <u>NO PROGRAM –</u> <u>LABOR DAY WEEKEND</u>	3 rd <u>Boxing @ TITLE</u> 4:30p-5:15p <u>Studio Art @ LTM</u> 5:30p-6:30p	4 th <u>Bowling @Sunnyside Bowladrome</u> 4:00p-5:30p <u>Drums Alive Fitness @ LTM</u> 6:00p-7:00p	5 th <u>Golf @ Sun N Air</u> 4:00p – 5:00p <u>Cooking @ LTM</u> 5:00p-6:30p <u>Nature Club @ Endicott Park</u> 5:30-6:30PM	6 th <u>Friday Night Happening</u> <u>Karaoke @ 6 Southside Road</u> 5:30p-8:00p	7 th <u>Saturday Activity Garden Bros Nuclear Circus @ Lowell MA</u> 12:00p-4:00p <u>*Transportation Provided Drop Off @ LTM*</u>
Week 3	9 th <u>Zumba @LTM</u> 4:30p-5:15p <u>Yoga with Kat @LTM</u> 5:30p-6:15p	10 th <u>Boxing @ TITLE</u> 4:30p-5:15p <u>Studio Art @ LTM</u> 5:30p-6:30p	11 th <u>Bowling @Sunnyside Bowladrome</u> 4:00p-5:30p <u>Drums Alive Fitness @ LTM</u> 6:00p-7:00p	12 th <u>Golf @ Sun N Air</u> 4:00p – 5:00p <u>Cooking @ LTM</u> 5:00p-6:30p <u>Nature Club @ Endicott Park</u> 5:30-6:30PM	13 th <u>Friday Night Happening</u> <u>Fall Crafts @ LTM</u> 6:00p-8:00p	14 th <u>Saturday Activity Connor's Farm @ Danvers, MA</u> 11:00a-1:00p
Week 4	16 th <u>Zumba @LTM</u> 4:30p-5:15p <u>Yoga with Kat @LTM</u> 5:30p-6:15p	17 th <u>Boxing @ TITLE</u> 4:30p-5:15p <u>Studio Art @ LTM</u> 5:30p-6:30p	18 th <u>Bowling @Sunnyside Bowladrome</u> 4:00p-5:30p <u>Drums Alive Fitness @ LTM</u> 6:00p-7:00p	19 th <u>Golf @ Sun N Air</u> 4:00p – 5:00p <u>Cooking @ LTM</u> 5:00p-6:30p <u>Nature Club @ Endicott Park</u> 5:30-6:30PM	20 th <u>Friday Night Happening</u> <u>Neon Dance @ Endicott College</u> 6:00p-8:00p	21 st <u>Saturday Activity Salem Food Truck Festival @ Salem, MA</u> 11:00a-1:00p

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 5	<p style="text-align: right;">23rd</p> <p><u>Zumba @LTM</u> 4:30p-5:15p</p> <p><u>Yoga with Kat @LTM</u> 5:30p-6:15p</p>	<p style="text-align: right;">24th</p> <p><u>Boxing @ TITLE</u> 4:30p-5:15p</p> <p><u>Studio Art @ LTM</u> 5:30p-6:30p</p>	<p style="text-align: right;">25th</p> <p><u>Bowling @Sunnyside Bowladrome</u> 4:00p-5:30p</p> <p><u>Drums Alive Fitness @ LTM</u> 6:00p-7:00p</p>	<p style="text-align: right;">26th</p> <p><u>Golf @ Sun N Air</u> 4:00p – 5:00p</p> <p><u>Cooking @ LTM</u> 5:00p-6:30p</p> <p><u>Nature Club @ Endicott Park</u> 5:30-6:30PM</p>	<p style="text-align: right;">27th</p> <p><u>Friday Night Happening</u></p> <p><i>Improv Night @ LTM</i> 6:00p-8:00p</p>	<p style="text-align: right;">28th</p> <p><u>Saturday Activity</u></p> <p><i>Cape Ann Whale Watch @ Gloucester, MA</i> 12:30p-4:30p</p>
Week 6	<p style="text-align: right;">30th</p> <p><u>Zumba @LTM</u> 4:30p-5:15p</p> <p><u>Yoga with Kat @LTM</u> 5:30p-6:15p</p>	<p style="text-align: right;">OCTOBER 1st</p> <p><u>Boxing @ TITLE</u> 4:30p-5:15p</p> <p><u>Studio Art @ LTM</u> 5:30p-6:30p</p>	<p style="text-align: right;">2nd</p> <p><u>Bowling @Sunnyside Bowladrome</u> 4:00p-5:30p</p> <p><u>Drums Alive Fitness @ LTM</u> 6:00p-7:00p</p>	<p style="text-align: right;">3rd</p> <p><u>Golf @ Sun N Air</u> 4:00p – 5:00p</p> <p><u>Cooking @ LTM</u> 5:00p-6:30p</p> <p><u>Nature Club @ Endicott Park</u> 5:30-6:30PM</p>	<p style="text-align: right;">4th</p> <p><u>Friday Night Happening</u></p> <p><i>Survivor Night @ LTM</i> 6:00p-8:00p</p>	<p style="text-align: right;">5th</p> <p><u>Saturday Activity</u></p> <p><i>Build Your Own Race Car Day @ LTM</i> 11:00a-1:00p</p>
Week 7	<p style="text-align: right;">7th</p> <p><u>Zumba @LTM</u> 4:30p-5:15p</p> <p><u>Yoga with Kat @LTM</u> 5:30p-6:15p</p>	<p style="text-align: right;">8th</p> <p><u>Boxing @ TITLE</u> 4:30p-5:15p</p> <p><u>Studio Art @ LTM</u> 5:30p-6:30p</p>	<p style="text-align: right;">9th</p> <p><u>Bowling @Sunnyside Bowladrome</u> 4:00p-5:30p</p> <p><u>Drums Alive Fitness @ LTM</u> 6:00p-7:00p</p>	<p style="text-align: right;">10th</p> <p><u>Golf @ Sun N Air</u> 4:00p – 5:00p</p> <p><u>Cooking @ LTM</u> 5:00p-6:30p</p> <p><u>Nature Club @ Endicott Park</u> 5:30-6:30PM</p>	<p style="text-align: right;">11th</p> <p><u>Friday Night Happening</u></p> <p><i>Trivia Night @ LTM</i> 6:00p-8:00p</p>	<p style="text-align: right;">12th</p> <p><u>Saturday Activity</u></p> <p><i>Tastebuds Kitchen @ Beverly, MA</i> 1:00p-3:00p</p>
Week 8	<p style="text-align: right;">14th</p> <p>NO PROGRAM –</p> <p><u>INDIGENOUS PEOPLES' DAY</u></p>	<p style="text-align: right;">15th</p> <p><u>Boxing @ TITLE</u> 4:30p-5:15p</p> <p><u>Studio Art @ LTM</u> 5:30p-6:30p</p>	<p style="text-align: right;">16th</p> <p><u>Bowling @Sunnyside Bowladrome</u> 4:00p-5:30p</p> <p><u>Drums Alive Fitness @ LTM</u> 6:00p-7:00p</p>	<p style="text-align: right;">17th</p> <p><u>Golf @ Sun N Air</u> 4:00p – 5:00p</p> <p><u>Cooking @ LTM</u> 5:00p-6:30p</p> <p><u>Nature Club @ Topsfield Fair Arena</u> 5:30-8:00PM</p>	<p style="text-align: right;">18th</p> <p><u>Friday Night Happening</u></p> <p><i>Fall Flannel Dance @ Peabody YMCA</i> 6:00p-8:00p</p>	<p style="text-align: right;">19th</p> <p><u>Saturday Activity</u></p> <p><i>Apple Picking @ Brooksby Farm, Peabody MA</i> 11:30a-3:00p</p>

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